

Coastal Running League & **HARPSWELL HARRIERS**

Fall 2016 Registration Form

**Cross-country running
is an exciting sport**

With lifelong fun and fitness benefits. This program offers training and conditioning for participants. Runners compete as a team but have a sense of individual performance and accomplishment.

Weekly Meets

Wednesdays, with similar groups from area communities. Grades: K, 1 & 2 – 1/2 mile; Grades 3 & 4 – 3/4 mile; Grades 5 & 6 – 1 mile. **Meet schedule will be distributed at first practice.**

Practices

Mondays 3:30 – 4:30 p.m. at Harpswell Community School. First practice will be on **Monday, September 12 at 3:30 p.m.**

Coaches

Frank Wright and Karen Ela. **We can always use helpers.** If you are interested, please contact Harpswell Recreation at 833-5771 or recreation@town.harpswell.me.us.

Parent Participation

Parents are encouraged to walk or run, and to help with the practices.

Registration 9/9/16

Fee is \$15.00 per runner (One form for each runner). **No on-site registration.** Late fee after 9/9/16: additional \$5.00. **Return completed form to Town Office.**

Mail to:

Town of Harpswell, Recreation Dept., P.O. Box 39, Harpswell, ME 04079

----- **Please detach here** -----

Fall 2016 Coastal Running League & Harpswell Harriers

For office use only:
\$15 _____ #R4160

Name _____ Grade _____ DOB _____
Address: _____ Town _____ Zip _____
Parent Name: _____ E-mail: _____
Day Phone# _____ Cell Phone # _____
Emergency Contact #1 _____ Emergency Contact #2 _____
Medical/Emotional Concerns/Restrictions _____

Participant Release/Assumption of Risk Agreement/Agreement to Indemnify & Hold Harmless

Each person signing below understands that participation in the Town of Harpswell ("Town") program, activity and/or special event can involve the risk of damage and injury, including serious injury, to both people and property. Each person signing below understands and agrees that the Town, its agents, officers and employees, accept no responsibility, and will not be liable, for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of the Town, its agents, officers or employees) occurring during or arising out of participation in any Town program, activity and/or special event. To the fullest extent permitted by law, each person signing below agrees to assume all risk of injury, harm or damage to his/her person or property arising during or in connection with said Town program, activity and/or special event. Each person signing below hereby releases and agrees to indemnify and hold harmless the Town, Harpswell Harriers Coastal Running League and MSAD 75, its agents, officers and employees, from any and all liability, actions, damages and claims of any kind and nature whatsoever for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of the Town, its agents, officers or employees) that may arise or occur during or in connection with said program, activity and/or special event. ****Photos & videos taken may be used for local publicity & Facebook****

Signature _____ Date _____

RETURN COMPLETED FORM TO THE TOWN OFFICE There is an after-hour drop box to the right of the glass entrance

Run by  **deemiskill**